



WELCOME TO OUR


July Monthly Newsletter



From the Desk of
Headmistress
ma'am

**Children are a box of
crayons. Each of them is
unique, but when put
together the picture is
complete.**

**Early childhood is a very
important period of life. It
is a period when children
learn an enormous amount
about the every day
world. The spirit and
essence of our educational
process lies in the overall
development of the
children.**

The background is a light blue sky with a large orange sun at the top. A spiral notebook with orange rings is open, showing a yellow page. On the yellow page, there are three large orange circles. A paper airplane is flying from the right side of the page. Dashed lines show the path of the airplane and a curved arrow pointing downwards.

At Ayesha Ali Academy, kindergarten education caters to holistic and balanced development. Teaching and learning is play based and child centered and our focus is to develop skills and confidence in our kids. Our teachers provide enough opportunities for children to learn through play and hands-on-activities to develop physical, cognitive, social and emotional domains.

We are thrilled to embark on this fun journey with them as they discover the wonders of the world around them. Our dedicated staff is committed to create a healthy, safe and happy environment where the children flourish. I feel blessed to see my little buds growing gradually into beautiful flowers. Our Kindergarteners are eager explorers and I can't wait to watch them blossom into confident and curious individuals.

FUN LEARNING WITH KINDERGARTEN



Social media vs Mental Health

OUR 9TH GRADE STUDENTS HAD A GROUP DISCUSSION REGARDING THE INTERCONNECTION BETWEEN MENTAL HEALTH & SOCIAL MEDIA.

MENTAL HEALTH ENCOMPASSES OUR EMOTIONAL, PSYCHOLOGICAL, AND SOCIAL WELL-BEING. IT INFLUENCES HOW WE THINK, FEEL, AND ACT. JUST LIKE PHYSICAL HEALTH, MENTAL HEALTH IS CRUCIAL FOR OVERALL QUALITY OF LIFE.



There is a growing body of evidence suggesting a link between social media use and negative mental health outcomes. While social media can be a valuable tool for connection and communication, it can also contribute to feelings of inadequacy, loneliness, depression, and anxiety.

SUMMER VACATIONS



Kashmir schools faced an unusual summer this year. The region experienced a severe heatwave in July, prompting authorities to declare a 10-day summer vacation from July 8th to 17th to safeguard the health of students. The unprecedented heat wave, with temperatures soaring to record highs, made it unbearable for children to attend school. This decision was met with relief by parents and students alike, providing a temporary respite from the scorching conditions.



SUMMER CAMPING

The Summer Camp 2024 took place from July 8th to July 16th at Dhoodpathri, Budgam, providing an enriching environment for students to learn and grow through various engaging activities.

The camp aimed to foster holistic development in students by integrating educational activities with outdoor experiences, promoting teamwork, creativity, and personal growth. Key treks included:

- *Mujmarg*
- *Sochalpathri*
- *Shaliganga River*
- *Diskhal*
- *Reshikhall*



THE SUMMER CAMP 2024 WAS A RESOUNDING SUCCESS, OFFERING A PERFECT BLEND OF EDUCATIONAL ACTIVITIES AND OUTDOOR ADVENTURES.



SHIKSHA SAPTAH

CELEBRATED SHIKHA SHAPAT

- ✦ Celebrated "Shiksha Saptah" from July 22-28, 2024, commemorating the 4th anniversary of the National Education Policy (NEP)

Shiksha Saptah aims to develop collaboration and innovation among learners, educators, policymakers, and stakeholders, providing a platform to share best practices, discuss challenges, and plan future strategies aligned with NEP 2020. Each day of the week will focus on a specific theme, highlighting various aspects of education and development

SPORTS

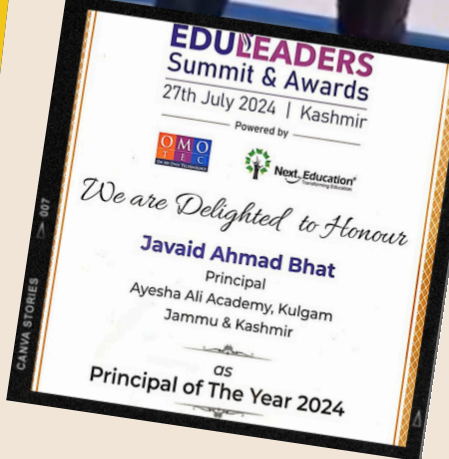


Entire AAA is Proud to announce that Attaul Saddat and Wasit Reyaz from the 10th grade have successfully qualified for the under-17 Inter-District football match and will be representing us at the Divisional level, organized by the Department of Youth Services and Sports.



Also Haris Rashid, Zeeshan Shabir, Attaul Hamad Shah, Saig Faheem, and Mutahib Imtiyaz from the 7th and 8th grades for their selection in the under-14 football match at the Divisional level.

EDULEADERS SUMMIT & AWARDS



Ayesha Ali Academy is proud to share that our Principal, Javaid Ahmad Bhat, has been honored "Principal of the year 2024" at the *Mentors Association's EDULEADERS Summit & Awards!*



This prestigious event took place today, 27th July 2024, in Srinagar. Congratulations to Mr. Bhat for this incredible achievement and for his dedication to excellence in education!



THANK YOU

